## C1.10 Judogi Size

The judogi and belt size is controlled by sokuteiki (see picture 9).

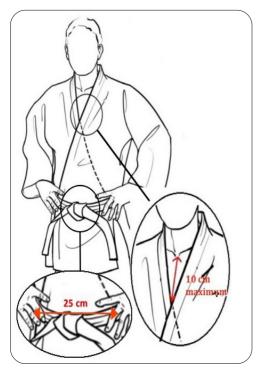


Picture 9

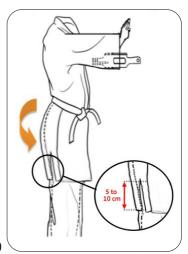
Jacket (see picture 10)
The "skirt" must cover the buttocks completely (plus 5 cm to 10 cm).

With the arms level, the SOKUTEIKI must slip inside entirely and smoothly inside the sleeves.

The judogi sleeves must cover up the full arm including the wrist bone (head of the ulna).



Picture 11



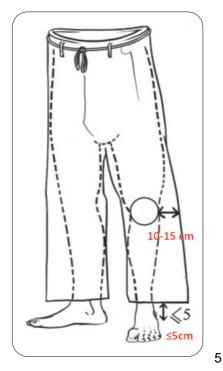
Picture 10

The distance of the crossing points of the jacket, at belt level, must be at least 25 cm (see picture 11). The belt should be worn just above the hip bone and be tied tightly.

- The thickness of the lapel side must be less or equal to 1 cm.
- The width of the lapel side must be 4 cm.
- The distance between the sternum top and the lapel crossing point of the jacket vertically must be less than 10 cm.

Trousers (see picture 12)

- The distance between the bottom of the trousers and the exterior malleolus (ankle bone) must be less or equal to 5 cm. The width must be between 10 and 15 cm at the knee level.



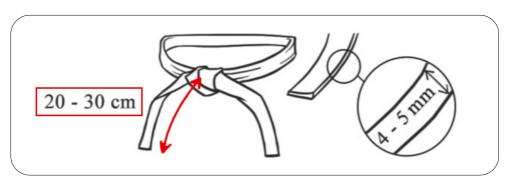
Picture 12

Belt (see picture 13)

The thickness must be between 4 and

• The tips starting from the central knot must have a length between 20 and 30

The belt must not be made of a stiff and/or slipping material and the knot must be correctly and tightly made.



Picture 13