U21 VUOSISUUNNITELMA 2022

Month	Jan					Feb				Mar				Apr				May				Jun				Jul				Aug				Sep				Oct				Nov				Dec					
Week	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52
Competition, Nat team			Sc1	Bel		Den		u21 Nat	Bso		Bremen			EJU Ita		EJU Pol		Sen Nat	Eju Ltu										EJU Cze	EJU Ger					u21 EC					u21 WC													
Competition, Club			Sc1			Den		u21 Nat	Bso		Bremen					Nordic		Sen Nat																			J-Swop		Pol				Fjo									
Training Camp	tc Swe				tc Bel_tc Fi							tc Ger			tc Ita_tc Fi		tc pol							tc Cro					tc Cze	tc Ger																					tc Fin
Training Phase																																																			
School period	3							4						5																			1								2								3			

Adaptation
Basic
Pre Comp
Comp