

**Dear Sports Friends,**

Olympic and Paralympic Training Center Pajulahti and Finnish Paralympic Committee are very pleased to invite you to the 11<sup>th</sup> Pajulahti Games that will take place in Nastola, Finland, from the 21<sup>st</sup> of January to the 23<sup>rd</sup> of January 2022.

<b>Dates</b>	<b>20<sup>th</sup> - 23<sup>rd</sup> of January 2022</b> 20 <sup>th</sup> arrival day 21 <sup>st</sup> -23 <sup>rd</sup> competition days 23 <sup>rd</sup> departure (flight times after 5 pm.)
<b>Sports</b>	<b>Goalball</b> – men and women, international tournament <b>Judo</b> – men and women, national and international competition, special needs judo / athletes with intellectual disability <b>Sitting volleyball</b> – women, international tournament <b>Showdown</b> – men and women, international tournament <b>Athletics</b> – men and women, open national indoor championships <b>Powerlifting</b> – men and women, open national para powerlifting championships
<b>Training camp</b>	On 18 <sup>th</sup> to 21 <sup>st</sup> of January, 2022 we will offer you the possibility to train before the competition. On the training camp there will be playing venues available <b>free of charge</b> in every sport.
<b>Competition venue</b>	Pajulahti Paralympic Training Center, City of Lahti ( <a href="http://www.pajulahti.com">www.pajulahti.com</a> )
<b>Accommodation</b>	Pajulahti Paralympic Training Center, City of Lahti. All accommodation is in two or three person rooms, situated nearby, only 2–7 minutes walking from the competition venues.
<b>Covid-19</b>	Please check all the requirements to entering to Finland <a href="http://www.raja.fi/en/covid19-info">www.raja.fi/en/covid19-info</a> Please note that each country is responsible for possible costs of Covid-19 requirements (tests, quaranteens etc). If teams have any questions regarding this matter the LOC will be happy to help.
<b>Entry fees</b>	<b>117 euros/person/night.</b> Single room 25 euros/person/night addition to the entry fee (max 1 single room/team). Extra nights possible for the same daily rate (before/after). <b>Team entry 300 euros</b> in the following sports: goalball, sitting volleyball Entry fee includes: - transportation from and to the airport Helsinki-Vantaa (1,5 hours from/to Pajulahti) - accommodation with full board (starting on arrival day dinner and ending on departure day lunch) - competition fees in sports: indoor athletics, judo, powerlifting and showdown - training camp opportunity  LOC will send invoices regarding the entry fees as follows: 5 <sup>th</sup> of December 2021 (30% of the total amount) and 5 <sup>th</sup> of January 2022 (70%).

**WELCOME TO FINLAND!**

**Kind regards,**

**Local Organizing Committee (LOC)**

Event Manager, Ms. Laura Kittelä

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and Finnish Paralympic Committee

Mr. Timo Pelkonen

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Web site: [www.pajulahtigames.fi](http://www.pajulahtigames.fi)

**NOTE! The entry form is in the next page**

**ENTRY FORM**

Contact information

Country name:	
National federation and street address:	
Contact person:	
Contact phone:	
Contact email:	
Sport / team	

Surname	First name	F/M	Position coach/assistant /player	Wheel- chair user (X)	Dietary requirements e.g. vegetarian/no pork/etc.

PLEASE SEND THE ENTRY FORM NO LATER THAN **30<sup>TH</sup> OF NOVEMBER 2021** TO FOLLOWING EMAIL ADDRESSES [LAURA.KITTELA@PAJULAHTI.COM](mailto:LAURA.KITTELA@PAJULAHTI.COM) AND [TIMO.PELKONEN@PARALYMPIA.FI](mailto:TIMO.PELKONEN@PARALYMPIA.FI)



**FLIGHTS**

Arriving day                      Thursday 20<sup>th</sup> of January 2022  
Departure day                      Sunday 23<sup>rd</sup> of January 2022, flight time after 17:00

**ARRIVAL**

DAY AND TIME:
FLIGHT NUMBER:
PERSONS:

**DEPARTURE**

DAY AND TIME:
FLIGHT NUMBER:
PERSON: